




Tonyah

Embrace the Light*

5-minute Christian worship and praise songs

SONG BOOK

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- 1 BEING THE CHANGE (5:16)
 - 2 SERENITY (5:45)
 - 3 IN HARMONY (5:20)
 - 4 I CREATE MY DREAM (5:23)
 - 5 HALLELUYAH (5:23)
 - 6 KUMBAYAH (5:11)
 - 7 HOPEFUL AM I (5:45)
 - 8 RISE N' SHINE (5:34)

Being The Change

Tonyah (2017)

HE IS, HE IS

I AM, I AM

HE IS THE WAY

I AM THE WAY

HE IS THE TRUTH

I AM THE TRUTH

HE IS THE LIFE

I AM THE LIGHT

I AM I AM HUMAN BEING (2X)

BEING THE CHANGE (4X)

JESUS ANSWERED, "I AM THE WAY, AND THE TRUTH, AND THE LIFE.
NO ONE COMES TO THE FATHER EXCEPT THROUGH ME. "

(JOHN 14:6)

Serenity

Tonyah (2017)
Reinhold Niebuhr (1943)

GOD GRANT TO ME, SERENITY
TO ACCEPT THE THINGS I CANNOT CHANGE;
COURAGE TO CHANGE THE THINGS I CAN,
WISDOM TO KNOW THE DIFFERENCE.
SERENITY, SERENITY
SERENITY, SERENITY

I CAN DO ALL THINGS THROUGH CHRIST WHO STRENGTHENS ME.
(PHILIPPIANS 4:13)

IF ANY OF YOU LACKS WISDOM, YOU SHOULD ASK GOD, WHO GIVES
GENEROUSLY TO ALL WITHOUT FINDING FAULT, AND IT WILL BE
GIVEN TO YOU.
(JAMES 1:5)

In Harmony

Tonyah (2017)

I BOW TO YOU
YOU BOW TO ME
WE LONG TO BE
IN HARMONY

I AM, YOU ARE,
HE IS, SHE IS
WE ARE, THEY ARE
WE ARE, THEY ARE
IN HARMONY

CHORUS

INSIDE OF YOU,
INSIDE OF ME,
THIS PLACE OF LOVE,
HERE IN MY HEART

(REPEAT CHORUS)

I VOW TO YOU,
YOU VOW TO ME,
TO BE TO BE,
IN HARMONY

(REPEAT CHORUS)

LIVE IN HARMONY WITH EACH OTHER..

(ROMANS 12:16)

I Create My Dream

Tonyah (2017)

ROW ROW ROW MY BOAT GENTLY DOWN THE STREAM
MERRILY MERRILY MERRILY MERRILY, I CREATE MY DREAM (2x)

ROW ROW ROW MY BOAT (ROW ROW ROW MY BOAT)
ROW ROW ROW MY BOAT (ROW ROW ROW MY BOAT)
GENTLY DOWN THE STREAM (GENTLY DOWN THE STREAM)
MERRILY MERRILY MERRILY MERRILY, I CREATE MY DREAM (2x)

I CREATE MY DREAM (16x)
(ONE DAY AT A TIME!)

A MERRY HEART DOES GOOD, LIKE MEDICINE.

(PROVERBS 17:22)

Halleluyah

Tonyah (2017)

HALLELUYAH, HALLELUYAH

HALLELUYAH, HALLELUYAH, HALLELUYAH, HALLELUYAH

HALLE, HALLELUYAH

HALLE, HALLELUYAH

HALLE, HALLELUYAH



Hallelujah |halə•loōyə| “God be praised, as an expression of worship or rejoicing.”

HALLELUYAH! O MY SOUL, PRAISE GOD! ALL MY LIFE LONG I'LL
PRAISE GOD, SINGING SONGS TO MY GOD AS LONG AS I LIVE.

(PSALM 146 1-2)

Kumbayah

Tonyah (2017)

KUMBAYAH MY LORD, KUMBAYAH (3X)
OH LORD, KUMBAYAH

CHORUS

DRAW NEAR ME MY LORD, DRAW NEAR ME (3X)
OH LORD, DRAW NEAR ME

(REPEAT CHORUS)

MAKE ME DWELL MY LORD, IN SAFETY (3X)
OH LORD, IN SAFETY

(REPEAT CHORUS)



Kumbaya |kum•ba'ja| "Come by me"

DRAW NEAR TO GOD, AND HE WILL DRAW NEAR TO YOU.

(JAMES 4:8)

IN PEACE I WILL LIE DOWN AND SLEEP, FOR YOU ALONE,
LORD, MAKE ME DWELL IN SAFETY.

(PSALM 4:8)

Hopeful am I

Tonyah (2017)

HOPEFUL AM I, FAITHFUL AM I (2x)

HOPEFUL, HOPEFUL, FAITHFUL, FAITHFUL (6x)

HOPEFUL AM I, FAITHFUL AM I (2x)

THANKFUL, GRATEFUL..

USEFUL, FRUITFUL..

HAPPY, HEALTHY..

MAY THE GOD OF HOPE FILL YOU WITH ALL JOY AND PEACE AS YOU TRUST IN HIM, SO THAT YOU MAY OVERFLOW WITH HOPE BY THE POWER OF THE HOLY SPIRIT.

(ROMANS 15:13)

JESUS SAID TO THEM, "HAVE FAITH IN GOD!"

(MARK 11:22)

Rise n' Shine

Tonyah (2018)

RISE, SHINE, GIVE GOD GLORY GLORY
RISE, SHINE, GIVE GOD GLORY GLORY
RISE, SHINE, GIVE GOD GLORY GLORY
CHILDREN OF THE LORD

2X

GLORY, GLORY, GIVE GOD GLORY GLORY
GLORY, GLORY, GIVE GOD GLORY GLORY
RISE, SHINE, SHINE YOUR SPIRIT ON ME
SPIRIT OF THE LORD

2X

ARISE, SHINE, FOR YOUR LIGHT HAS COME! AND THE GLORY OF THE
LORD RISES UPON YOU.

(ISAIAH 60:1)



Credits & Gratitude

Jon Weh

Singer, songwriter, guitar, percussion.

Marty Rifkin

Composer, bass, acoustic, steel, & electric guitar, vocals, percussion, synthesizer.

Hari Paumbach

CD cover and graphics.

Tonyah

Singer, songwriter, percussion.

Recorded, mixed, & mastered, by *Marty Rifkin*.
Rifkin Productions, Santa Monica, CA



Educates all ages on the use of music, breath, & stillness
to create inner peace & to invoke a sense of surrender &
connection to a living spirit within each of us.

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